

KELOWNA  
**ORAL & FACIAL**  
SURGERY

#412 - 2755 Tutt St.  
Kelowna, BC, V1Y 0G1  
Phone: 778-484-7275  
Fax: 778-484-7276

Dr. Scott T Martyna, DMD, MHA, FRCDC, FACS  
Dr. Gordon Wong, DMD, FRCDC, Dip ABOMS  
[www.KelownaOralSurgery.com](http://www.KelownaOralSurgery.com)

## Dry Socket Information

### Symptoms of a Dry Socket:

- A dull ache (constant) radiating anywhere from your ear to your lower jaw
- A bad taste and smell, even after oral hygiene is completed
- The surgical site is getting worse versus better
- Usually the fourth or fifth day after surgery, the above symptoms will occur

### What to do:

- Continue any remaining prescriptions
- You will find a small opening just behind, and to the cheek side of the last molar, gently irrigate this area with lukewarm clean salty water, a monoject syringe was provided in your post op kit if necessary
- You might notice food particles or minor bleeding coming from the socket site
- Do not rinse too hard, be extremely gentle, or you will delay healing
- After irrigating, inject a "pea" size amount of the provided paste into the site
- Bite down on one of the provided 2x2 gauze for several seconds (as you may experience an unpleasant taste)
- Repeat this procedure 2-3 times per day, continuing for 3 days or until symptoms subside
- Bottom teeth tend to be much more of a problem than the upper teeth therefore it may not be necessary to rinse any upper sockets at all
- Avoid smoking/vaping

If you have any questions or concerns please call our office at the number below:

Office hours: 8:00am-4:00pm Mon-Fri (778) 484-7275

If it is after hours, please still call our office phone number, and there will be an option to get through to your surgeon's cell-phone on the answering machine.

You may wish to call your family dentist. Please be aware that your family dentist may charge a fee to manage your condition.